

| Approach | Goal | Example |
|---------------------|--|--|
| Research | Generate new knowledge | Study the effectiveness of a different dosing schedule for pain medication |
| Quality Improvement | Improve patient care | Implement a new pain assessment tool across surgical departments |
| Service Evaluation | Assess how well care is working for patients | Ask patients to complete a questionnaire about their pain management after surgery |
| Clinical Audit | Assess whether care is meeting benchmarks | Compare analgesic prescribing against national guidelines |