	Quantitative		Qualitative
Design Broad shape of the inquiry	Descriptive	Experimental	Exploratory*
Methodology Approach to topic	Cross-sectional study	Randomized controlled trial	Phenomenology
Method Specific tools to answer questions	Survey	Pre/post intervention surveys	Interviews
Conceptual and Theoretical Framework Guiding ideas or hypotheses	Resilience theory	Increased education will mean improved outcomes	Trauma framework